



22<sup>nd</sup> March 2021

### Advice to all Parents/Carers - Confirmed Cases

Dear Parents/Carers,

We have been advised that there has been more confirmed cases of COVID-19 within Cheddar Grove Primary School in Class Bubble 5P. This will mean an extension to the isolation period for class bubble 5P.

We are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

**Only children in class 5P need to isolate.** Children in other year groups, including siblings of Class 5P children do not need to isolate.

### What to do if your child develops symptoms of COVID 19

If anyone in your household develops symptoms of COVID-19, **you should organise for them to be tested** via the [NHS online portal](#) or by calling 119. You should contact the school office during school hours on 0117 9030418, if out of hours please email [covid@cheddargroveschool.org.uk](mailto:covid@cheddargroveschool.org.uk) to let us know your child or somebody in your household has symptoms and is being tested. Your household should isolate until you receive the test results giving the all clear and let the school know as soon as you have received the results.

### Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Flu vaccination**

We would like to take this opportunity to remind you and your family to have the flu vaccination if you are eligible for this, especially if you are in a risk group. You can find out about risk groups and whether you are eligible for a flu vaccine at the [NHS Flu vaccine overview](#).

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



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