

25<sup>th</sup> March 2021

### Advice to all parents/carers - Single Confirmed Case

Dear Parent/Carer,

We have been advised that there has been a confirmed case of COVID-19 within Cheddar Grove Primary in Year 1.

We are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

As a result, children in Year 1 have been asked to self-isolate. We will keep this under review. **If your child needs to self-isolate you will have been contacted by separate letter and advised to do so.**

### What to do if your child develops symptoms of COVID 19

If anyone in your household develops symptoms of COVID-19, **you should organise for them to be tested** via the [NHS online portal](#) or by calling 119. Your household should isolate until you receive the test results giving the all clear. You should contact school via: [covid@bedminsterdown.org.uk](mailto:covid@bedminsterdown.org.uk) to let us know your child is being tested and then let us know the result of the test as soon as you receive it.

### Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

### How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

**Flu vaccination**

We would like to take this opportunity to remind you and your family to have the flu vaccination if you are eligible for this, especially if you are in a risk group. You can find out about risk groups and whether you are eligible for a flu vaccine at the [NHS Flu vaccine overview](#).

**Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

A handwritten signature in black ink, appearing to be 'P Jeffery', with a long horizontal line extending to the right.

**Mr P Jeffery**  
**Headteacher**

A handwritten signature in black ink, appearing to be 'A Arlidge', written in a cursive style.

**Andrea Arlidge**  
**Chief Executive**